

Guidelines

Please review these guidelines thoroughly. Almost all of your questions can be answered by these guidelines. These are merely the guidelines, not the rules.

1. Homeopathy stimulates and initiates the process of healing. Homeopathic treatment, when applied in a classical manner, raises your level of health on all levels—mental, emotional and physical. To achieve maximum benefit from the treatment, it is extremely important to follow the treatment under the guidance of a trained professional homeopath.
2. A homeopathic remedy is not a magic pill that one dose establishes health overnight. Change in the dosage, frequency and the remedies may be needed, for which every patient needs to be monitored. Being an individualized treatment, every individual responds to it in an individual way. Follow-ups are extremely important parts of the homeopathic treatment. Sometimes dynamic changes are very subtle requiring close evaluation and patience. To ensure the progress is in the right direction, regular follow-up evaluations are **extremely** important in the homeopathic treatment.
3. In case of accidents, trauma leading to massive bleeding or fractures, or potential loss of life, limb or other body part, the patient **must** go to the nearest emergency center. Standard emergency procedures or treatments are completely compatible with homeopathic treatment. However, we should be informed of any of these treatments.
4. For acute illnesses, our office should be contacted as soon as possible. We will endeavor to find the appropriate homeopathic remedy for you during the acute illness. If you fail to respond to any homeopathic remedy in a short time for acute cases, or if the symptoms worsen gradually or new symptoms develop, discontinue the treatment and seek the advice of another health professional. Homeopathic treatment is known to continue to be effective in boosting immunity against acute illnesses.
5. Patients beginning homeopathic treatment **must** continue their prescription medicines. Contrary to popular belief, homeopathic treatment remains effective with conventional medicines until the level of health is raised enough, where if possible, a gradual withdrawing from the conventional medicine may be possible. Your primary care physician must be contacted for monitoring or changing the medicines prescribed by him or her. Diseases like diabetes or high blood pressure require close monitoring and continual prescription medicines for a longer period of time even with homeopathic treatment. Occasional use of aspirin, Tylenol®, or analgesics (pain medications) does not antidote the homeopathic medicine.
6. All other treatments except those mentioned above should be avoided during homeopathic treatment, including other homeopathic preparations, as it can create confusion in assessments of efficacy of the homeopathic remedy. Also, on occasion, one homeopathic remedy can cancel the effects of another. Combining several healing systems can prove detrimental to the patient.

7. A minor aggravation of the symptoms followed by a long amelioration (being better) of all the complaints is a common phenomenon after an appropriate homeopathic remedy. Should the intensity of such a condition become severe, notify our office immediately.
8. Reappearance of past skin eruptions during the course of homeopathic treatment is a positive sign, as the cure takes place from within outwards. These eruptions also clear up during the further homeopathic treatment until a total health is established. External applications such as medicated creams and ointments for skin conditions could suppress the healing process and should be avoided. Non-medicated oils or cold creams for dry skin in moderation should be used instead of medicated creams.
9. Homeopathic remedies retain their therapeutic effectiveness indefinitely when stored in a glass bottle, in a dry, cool place, out of direct sunlight and strong odors. If traveling, do not x-ray your remedies more than 4 times or they may lose their effectiveness. These remedies are non-toxic and free of any side-effects.
10. Coffee, menthol and camphor products tend to antidote (cancel effectiveness) of homeopathic remedies. Not all remedies are cancelled by these three items; you will be advised if your remedies are inactivated by coffee, menthol or camphor.
11. We have observed that most patients relapse in their health in a short period of time after any dental work including cleaning. We recommend you inform our office of any such procedures during your follow-up assessments.
12. Homeopathic remedies should be taken after thoroughly rinsing and cleansing the mouth. Allow the remedy to dissolve under or on the tongue; or chew if you prefer, holding the remedy mixed with saliva in your mouth for three to five minutes for maximum absorption. Any food or drink should be avoided for 15 minutes before and after taking the homeopathic remedy. Avoid touching the remedy by hand.

None of the statements in these guidelines have been evaluated by the FDA. It is important that you seek medical care for diagnosis and treatment of any health concern. Homeopathic medicines are classified as a “nutritional supplement” in the state of Wisconsin. Only licensed medical practitioners are allowed to diagnose, treat, and prescribe in this state.