

Case of a Cat's Fear of Strangers

© 2007, Dr. Ronda Behnke ND, RN

“Tribble” was current client, now one-year-old, female cat. She was having repeat episodes of anxiety when guests would come to the house ever since she had been mis-handled by a visiting child. Whenever someone would knock at the door, Tribble would run and hide, not coming out of hiding until she was found by one of her owners and pulled from the site (usually from under a piece of furniture). Then the cat would shake and want to be held. For an hour or two after the guest had left, Tribble would be “on edge,” running to hide if she were startled.

As I was already familiar with Tribble, I performed a quick examination to make sure nothing had changed in her physical status then made recommendations for *Valeriana* 30X to be given after episodes of fear, and behavior modification to decrease the fear of visitors.

Outcome: Tribble is still running and displaying fear with visitors, but she now comes out of hiding on her own, often while the visitor is still in the home. She also calms considerably within 5 minutes after receiving the *Valeriana* homeopathic. On occasion she does not require the homeopathic.

--Spring 2007